

FHS

SUPPLY LIST



Junior High

PHYSICAL EDUCATION

PLEASE BRING A CHANGE OF CLOTHES, WHICH INCLUDES A:

- Crew neck t-shirt
- Shorts, sweatpants, or track pants
- Running shoes (non-marking soles)
- Deodorant (NO spray or glass bottles)



HOME ECONOMICS

- **All Grades**-a spool of good quality thread to match your fabric.
- **All Grades**-sharp dressmakers pins.
- **All Grades**-a bag or container to hold your supplies.
- **Grade 7**-1 meter (100cm) of cotton polyester blend fabric that would be suitable for an apron.
- **Grade 8**-1.25 meters (125cm) of flannelette fabric that would be suitable for boxer shorts.
- **Grades 8 & 9**-2.5 cm wide elastic to fit their waist measurement plus 3cm.
- **Grade 9**- 2.5 meters (250cm) of flannelette fabric that would be suitable for PJ pants.
- **Optional**- Some students may want to have their own equipment. If that is the case the list includes a seam ripper, measuring tape, pin magnet, sewing scissors.

**** A COMBINATION LOCK IS REQUIRED FOR BOTH HALL AND GYM LOCKERS. ONLY LOCKS FROM THE OFFICE ARE PERMITTED, DUE TO SECURITY REASONS, AND WILL BE PROVIDED TO EACH STUDENT.**

PLEASE REUSE SUPPLIES YOU ALREADY HAVE.

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- 2 large (2-3") 3-ring binders (zippered is preferred)
- 2 one inch regular binders (for option courses)
- 2 packs of dividers
- 4 duotangs
- 500 lined sheets of paper (loose-leaf)
- 1 pkg of unlined paper
- 1 pkg of graph paper
- 2 pkg of index cards (for flashcards)
- 20 HB pencils (sharpened or mechanical)
- 3 erasers (white Staedtler recommended)
- 1 pkg of washable markers
- 1 pkg of pencil crayons
- 1 pencil case
- 4 highlighters
- 1 pkg sticky-notes
- 1 pkg paper reinforcements
- 2 glue sticks
- 1 pkg of black or blue pens
- 1 pkg of coloured pens
- 1 geometry set
- 1 ruler
- 1 pair of scissors
- Scientific calculator (need for 7-9 Math)
- 1 backpack
- 2 boxes of Kleenex
- Whiteout
- Headphones/earphones with microphone

