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MENTAL HEALTH SUPPORTS



A monthly newsletter highlighting Mental Health programs available within the PRSD



Emergency Links & Phone Numbers

Addictions and Mental Health Helpline
(24-hour support)
1-877-303-2642

Peace River Addictions and Mental Health
780-624-6151

Kids Help Phone
1-800-668-6868

Indigenous Support Line
(North Zone & Area)
1-844-944-4744

mykickstand.ca

Mental Health in Schools

ALBERTA EDUCATION FUNDED PILOT PROJECT



The Mental Health in Schools project is new to the PRSD in this school year and led by **Loro Koski**. The goal of this project is to provide increased access to universal and targeted support in the schools that are not served by project PEACE with Mental Health Capacity Building (MHCB). These are schools that have been identified as rural and have limited access to support.

Loro works alongside a team of ten student support workers.

- **Tanya Parkin**, Dixonville School
- **Mandi Rushton**, E.E. Oliver Elementary School
- **Billi McDonald**, Fairview High School
- **Alyssa Morrison**, Hines Creek Composite School
- **Darcy Patterson**, Lloyd Garrison School
- **Cleo Pawluski**, Manning Elementary School
- **Andrew Hilton**, Menno Simons Community School
- **Kyla Mackinnon**, Nampa Public School
- **Debra Perrier**, Paul Rowe Jr./Sr. High School
- **Justin Dicks**, Red Earth Creek School

“A child’s mental health is just as important as their physical health and deserves the same quality of support.”

– Kate Middleton

Meet the PRSD Social Workers



Chris Kaip
Divisional School
Social Worker



Travis Mitten
School Social/Emotional
Behaviour Consultant



Connie Kramer
School Family
Liaison Worker



Margaret Buruma
School Social
Worker



Lorena Combes
School Social
Worker

Social Workers, Family School Liaison Workers, and School Social/Emotional Behavioural Consultants support teachers and other school staff in creating a welcoming, caring, respectful and safe learning environment through collaborative response. Social workers provide short term counselling, facilitate small groups, respond to emergency or crisis situations and collaborate with partners such as Parents, Mental Health and other service providers.

Mental Health Capacity Building

GOVERNMENT FUNDED THROUGH PROJECT PEACE



Sandra MacKenzie
Mental Health Capacity Building program coordinator

The Mental Health Capacity Building program is offered in Grimshaw and Peace River schools through success coaches. Our Success Coaches work with children, youth, and staff in schools, and they focus on providing universal and targeted programming in the areas of mental health, addictions and social/emotional learning.

Who are your Success Coaches?

- **Lauren Lauze**, Glenmary School
- **Carolyn Dickson**, Grimshaw Public School
- **Jade Hargrave-McKen**, Grimshaw Public School
- **Mitchell Cook**, Grimshaw Public School & Springfield Elementary School
- **Frances Berger**, Good Shepherd School
- **Mikailyn Wearden**, Holy Family School
- **Tori Svecla**, Peace River High School
- **Shannon Sutherland**, Springfield Elementary School
- **Shannon Chouinard**, TA Norris Middle School

